



February, 1995

Volume XXVI Number 1

FREE

## NOISE PROTECTION FOR NEIGHBORS

# SFGH Garage Construction Work Finally Beginning

By Vas Arnautoff

Potrero Hill residents were brought up to date on construction plans for the new San Francisco General Hospital parking garage at the latest SFGH-sponsored public meeting January 19.

Present to explain the project and to answer citizens' questions were Angela Carmen, SFGH point person for the construction, and Harlan Kelly of the City Department of Public Works, who is the project manager.

The garage is being built by Nibbi Construction and is targeted for completion by July 1996. By View press time the contractor was projected to have begun preparations for the demolition of the old Muni repair facility that occupies the site bounded by 23rd, 24th, Utah and San Bruno Streets.

In order to minimize inconveniences to neighbors of the project, specifications require the contractor to comply with all applicable federal, state and local codes and regulations. These include provisions to prevent the spread of dust from the work site and require surrounding streets to be swept at least once daily. In addition, a monitoring staff will test levels of noise and air quality throughout the project.

Most of the work will be done between 7 a.m.-3:30 p.m. and heavy noise activity will not begin before 7:30. The project specifications and Environmental Impact Report define limitations for noise and activity. Problems or complaints regarding the project may be communicated to a Department of Public Works staff person at 431-9430.

The next SFGH community meeting is scheduled for Feb. 15 at the Carr Auditorium at 22nd and San Bruno Streets on the hospital campus.



Lester Zeidman photo



Orestes G. Matteoni; Frederick E. Jordan, President of the Parking and Traffic Commission; and Arthur M. Jackson, President of the Health Commission (L-R) participated in the groundbreaking celebration for the San Francisco General Hospital Garage January 31 at 24th and San Bruno Streets. Matteoni, 84, has lived across the street from the site all his life.

Vas Arnautoff photo

Potrero Hill 'Niner fans made no secret of their Super Bowl partisanship -- wearing their hearts on their sleeve... and other convenient locations. For an entire page of Hillers going crazy about Number Five, See Page 12



# Read the Fine Print

The staff of **The Potrero View** has never made any secret about our strong support for universal health insurance. (And we were especially gratified that 67 percent of Potrero Hill residents agreed by voting 'yes' on the single-payer health initiative last November.)

The abandonment of President Clinton's efforts toward universal health coverage, along with the specter of Draconian (or Newtonian) health cuts looming on the horizon, creates a fertile field for an unfortunate crop of health insurance predators. This has been dramatically shown recently to a group of Medi-Cal recipients on Potrero Hill and in other nearby neighborhoods, and we believe a sharp warning is in order.

Foundation Health, a Health Maintenance Organization (HMO) affiliated with St. Luke's Hospital in the Mission District, has been sending representatives door-to-door, visiting Medi-Cal recipients with a sales pitch for their plan. One problem, however: their pitch didn't include a bit of crucial fine print, that signing up for Foundation means one can no longer be covered at city clinics such as the Caleb Clark Potrero Hill Health Clinic on Wisconsin Street. The new plan is good only at St. Lukes.

Supervisor Susan Leal has proposed a halt to such door-to-door marketing until April, when a state program to explain health options available under Medi-Cal is supposed to be in place. But Supervisor Angela Alioto opposed the halt, claiming, "Any kind of hindrance to competition is not something I take lightly." Result of a Jan. 24 hearing before the Board of Supervisors Health, Public Safety and Environment Committee was an agreement that Foundation would halt their door-to-door pitch only in cases in which the salesperson and the prospective client do not speak the same language.

So meanwhile, while we continue to wait for a fair, universal health plan, everyone should heed the warning. Especially when it comes to health care, don't sign anything without reading the fine print.



## GETTING INVOLVED

**ROSES (Residents of the Southeast Sector)** meets the first Thursday of each month (Feb. 2) with members of the San Francisco Police Department, to discuss issues of public concern. Meetings take place at 7 p.m. in the Community College — downstairs — at 1800 Oakdale at Phelps, off Bayshore.

**Potrero Hill Health Center Advisory Board** meets the second Monday of the month, (Feb. 13) from 6 - 7 p.m. Meetings, held at the Center at 1050 Wisconsin Street, are open to the public.

**Potrero Hill Parents Assn.** meets — this month only — on Monday (Feb. 13) at 6:30 p.m. for socializing; regular business meeting at 7 p.m. This meeting will take place at the Connecticut Yankee, (Connecticut at 17th Street). For general PHPA questions call the Info Line 282-7475.

**Potrero Hill Democratic Club** meets the second Tuesday of each month (Feb. 14) 7:30 p.m., at the Potrero Hill Neighborhood House, 953 DeHaro. Guest speakers are presidents of five neighboring Democratic Clubs, discussing matters of mutual concern.

**PLAN (Potrero League of Active Neighbors)** meets the third Wednesday of each month (Feb. 15) at 7:30 p.m. (Executive Board meeting this month.) For further details please call Elizabeth at 826-6359.

**Potrero Hill Boosters and Merchants** meet the last Tuesday of the month (Feb. 28) at 7:30 p.m. at the Potrero Hill Library, 1616 - 20th St., upstairs. Agenda will focus on the open space at Starr King Park.

**Friends of McKinley Square** have discontinued meeting monthly until further notice. Call 821-7279 for info re: Rec/Park renovation project.

**San Francisco General Hospital Community meeting** takes place Feb. 15, 6:30 p.m. at Carr Auditorium, 22nd & San Bruno Sts.



TM Masthead design by Giacomo Patri

**EDITOR:** Ruth Passen      **ASSOCIATE EDITOR:** Judy Baston  
**EDITORIAL BOARD:** Vas Arnautoff, Judy Baston, Ruth Passen

**FEBRUARY STAFF:** Vas Arnautoff, Judy Baston, Maya Charbonneau, Bernie Gershater, Paul Gershater, Larry Gonick, Julia Jaurigui, Abby Johnston, Denise Kessler, Ann Longknife, Marylouise Lovett, Winifred Mann, Stephanie Potter, Jeff Wood and Lester Zeidman.

Editorial and policy decisions are made by the staff. All staff positions are voluntary. Published once a month except January.

Address all correspondence to THE POTRERO VIEW  
953 De Haro St., San Francisco CA 94107. Telephone: 824-7516  
Copyright 1994 by The Potrero View. All rights reserved.

Any reproduction without written permission from the publishers is prohibited.

THE POTRERO VIEW is printed at Howard Quinn, a union shop.



## Unions Say Thanks

Editor:

All of us at the Conference of Newspaper Unions want to express our appreciation for your generous contribution to our solidarity fund. The money you sent us has helped families and individuals who were forced to strike before the holidays, a time when, as we are all acutely aware, money worries come to the fore. Unfortunately some of our members were not called back in a timely fashion, and so for them especially, this money is extremely important.

Support for our efforts came in in many different guises. Expressions of solidarity such as yours, together with the strength and resolve of our membership, helped us achieve our goal of justice for the 2,600 workers at the San Francisco Chronicle, Examiner and Newspaper Agency.

Once again, thank you for your donation. It was most generous and is sincerely appreciated.

**Doug Cuthbertson**  
Chairman

## Martin's Meals

Editor:

In regards the story in your last issue; "Feeding Potrero Hill's Hungry People..." an important correction. Martin De Porres House of Hospitality feeds between 500 and 1,000 people per day not per month. As such we are in constant need of volunteers to work breakfast and lunch shifts. Thank you.

**The Martin De Porres Community**

**Editor's Note:** The figures we received from the Food Bank refer to how many separate individuals are fed per month, not how many meals are served. We regret any misunderstanding.

## Circus Says Farewell

Editor:

This is a letter of farewell from the San Francisco School of Circus Arts. We are sadly leaving our home of many years, the old church on the corner of Missouri and 19th Streets. We are consolidating all our activities to the West Gym, at 755 Frederick Street, across from Kezar Stadium in the Haight.

It is heart-wrenching to leave our historical past. This is the building that nurtured the growth of the Pickle Family Circus and the birth of the Pickle Family Circus School, which has become the San Francisco School of Circus Arts. But it is with renewed energy and commitment that we look to the future. The West Gym offers a wealth of possibilities and resources that we are lucky to have and eager to explore, including a shared tenancy

with the New Pickle Circus and Make\*A\*Circus.

We will surely miss the great community spirit of Potrero Hill, and all the people and places that have sustained us. We would like to thank the families who have supported us for our many years on the Hill, whose children have been walking to their circus classes. We would like to thank the neighbors who have endured the noise of jugglers, clowns and musicians working at night.

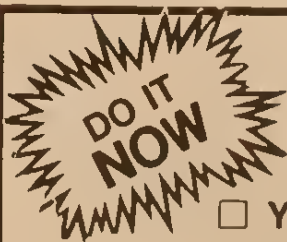
We would like to thank The Daily Scoop, Klein's and The Good Life Grocery for the great food and meeting places they offer. But we would especially like to thank The Potrero Hill Neighborhood House for our long association—for being such wonderful landlords and for their helpful and generous spirit.

We have always affectionately called the building "the church". Very creative people have spent many productive years here. I have been coming to "the church" since 1979, when I became part of the Pickle Family Circus. In this building, I honed my juggling skills, became the solo trapeze artist of the circus, and climbed in and out of trunks for clown acts. In this building, the first classes of the Circus School were taught.

Here, many children including my own, did their first bird's nest or catcher's lock on the trapeze. The Circus School has grown and now features an array of national and international teachers, and a professional division as well as a recreational program.

We hope the building that we transformed and that has transformed us in so many ways, comes into good hands for its next transformation. Thank you and farewell!!

**Wendy Parkman**  
The San Francisco School of Circus Arts



## Have The Potrero View Delivered to You!

- ☐ Yes! I want "The View" delivered to my home for a full year (11 issues)
- ☐ \$10.00 check enclosed.

**NAME** \_\_\_\_\_

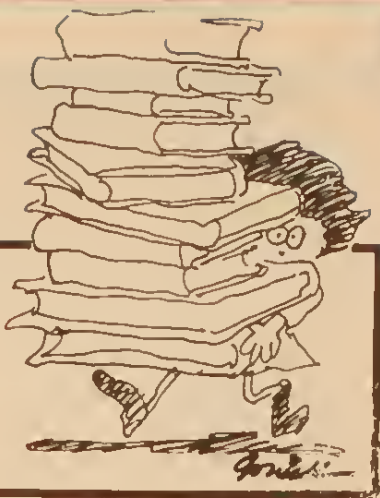
**ADDRESS** \_\_\_\_\_

**953 DE HARO STREET S.F. 94107**



LIBRARY NEWS  
POTRERO BRANCH  
1616 20th St. 695-6640

Closed Monday  
Tuesday 1 - 6 pm  
Wednesday 1 - 8 pm  
Thurs., Fri., & Sat. 1 - 6 pm



BLACK HISTORY MONTH

We will be celebrating Black History Month during February. We deliberately use the term "Black" because it includes African-Americans, as well as Black people of other nationalities — African-Caribbean, African-Latino, and African. The world of reading is a world without borders, and so we seek to cast our net wide as we celebrate the history, culture, contributions, struggles and creative endeavors of the multitudes of people on this earth who claim African heritage.

The display case will feature titles of interest to adults and children by Black authors or on subjects related to the Black experience. We will feature two films: one for all ages, one for adults, and a storyteller will spin tales that will delight all ages. The schedule is as follows:

- \* The video for all ages, "Tap Dance Kid" will be shown on Wednesday, February 15 at 7 p.m.
- \* The video for adults, "Nothing But a Man" will be shown on Wednesday, February 22, at 7 p.m.
- \* Hear the incomparable Kelmar tell stories that will delight listeners of all ages on Saturday, February 25 at 2 p.m.

MORE HOURS! MORE STAFF!

In last month's column we announced the coming of more hours and more staff. We ventured a guess that they would be in place by early February. Hoping for the application of "all deliberate speed" to this process we are expecting to inaugurate the increased hours in late February or early March.

CHILDREN'S PROGRAMS

Infant and Toddler Lapsits are Thursdays at 1:30 p.m. Preschool Story Times are Wednesdays at 7 p.m. (except February 15 and 22).

WHAT'S YOUR PLEASURE?

When the new hours are in effect, we hope to be able to add more children's programs and to better accommodate your children's needs by rescheduling video showings, lapsits and story times. We would like to add a chapter read-aloud event to our weekly schedule for ages 6-9, where we would read books such as "Charlotte's Web," "Chronicles of Narnia," The Mrs. Piggleswick series and other chapter books on Wednesday nights at 7 p.m.

We would like to show videos twice a month: at 10:30 a.m. on Tuesday morning, and 7 p.m. on Wednesday evening. Please let us know what you think about these additions and changes.

THANKS TO YOU...

Heartfelt valentines go out to all of you this month, with special thanks to Elizabeth Boileau for the great job she

did organizing caroling, Edel Raith and Audrey Wood for a Crayola bonanza, Joan and Jim Walton for repopulating our stuffed animal menagerie, Michael Gemignani for accompanying us on guitar at Story Time, and Jennifer and Frankie Draper, Bonita Cuanang and family. The Potrero Women's Club, and The Potrero Hill Parents Association for your expressions of holiday kindness.

ARTISTS EXHIBITION ALERT:

This year's April Potrero Hill Artists Exhibition will mark the show's 40th year! We want to celebrate by welcoming children to exhibit their art in a separate space: the Children's Room.

If you would like to help with this intergenerational event, please call one of the following people: Jack Connolly (adult show) 824-5936, Elizabeth Moore (children's show) 824-8149, or Marion Norberg (refreshments) 550-1170. If anyone knows of a good dance band that might like to donate its talents for the Opening, please let us know.

BLACK HISTORY MONTH BOOKS ON ORDER:

- \* Wilson, Melba. "Black Women Survive Incest."
- \* Bowman, Jeffrey. "The Totally Unauthorized Biography of Whitney Houston."
- \* Katz, William. "Flights from the Devil." Slave narratives.
- \* Carew, Jan. "Ghosts in our Blood: With Malcolm X in Africa, England, and the Caribbean." Considered a supplement to "The Autobiography of Malcolm X."
- \* Ailey, Alvin with Peter Bailey. "Revelations: The Autobiography of Alvin Ailey." A Patchwork oral memoir by the great African-American choreographer.
- \* DuBois, W.E.B. "W.E.B. DuBois: A Reader." Called "indispensable" by reviewers.

BLACK HISTORY MONTH: BOOKS FOR CHILDREN

- \* Cowen-Fletcher, Jane. "It Takes a Village."
- \* Gerson, Mary-Joan. "How Night Came from the Sea: a Story from Brazil."
- \* Adams, Mary Agnes. "Whoopi Goldberg: From the Street to Stardom."
- \* Grimes, Nikki. "Meet Danitra Brown."
- \* Stanley, Diane and Peter Vennema. "Cleopatra."
- \* Cisneros, Sandra. "Hairs/Pelitos."

Toba Singer  
Branch Librarian

# TEN YEARS AGO

In The View

ST. TERESA'S AIDS SANCTUARY MOVEMENT:

St. Teresa's Church reacted with anger to the government's attack on the Central American sanctuary movement. The movement — 160 churches and religious groups across the U.S. — shelters political refugees from Central America who fear for their lives if forced to return to their native countries. The Reagan Administration in January, 1985 arrested 16 sanctuary workers and 65 aliens across the country. St. Teresa's spokespersons stressed that the church will continue to be committed to offering sanctuary.

SUPPORT GROWS, HOPES DIM FOR "GOOD LIFE":

Hopes dimmed (ten years ago) for the Good Life Grocery's attempt to remain in business at 1457 - 18th St. Public support for the popular market was demonstrated by the attendance of several hundred Hill residents at a rally on 18th Street Jan. 19. Good Life owners Kayren Hudiburnh and Lester Zeidman had been seeking a six-month lease extension "to have enough time to relocate our business and keep our customers." No agreement was in sight.

SWEET VICTORY!

The page one photo showed a crowd of 49er faithful at the Mayflower bar (then at 18th and Connecticut Streets) celebrating S.F.'s win in the Super Bowl. Curiously The View failed to mention some salient facts about Super Bowl Dos Equis Minus One: the Niners' opponents, the score, where it was played. But the faithful know, don't we?

CORAL ROAD CLOSING PROTESTED:

Coral Road, the short arc that curves off and back to Carolina Street just south of 23rd Street, cannot legally be used as a parking area, the City Planning Department ruled. Residents of De Haro Street, whose houses are set closer to Coral Road at their rear than to De Haro, stated they were assured that their access would not be disturbed with the creation of Starr King Park. City officials stated that they were not aware that Coral Road had never been dedicated as an official city street. The park board of directors want to close the street.

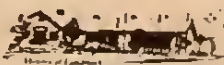
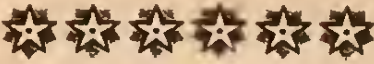
THIS AND THAT:

The Potrero Hill Neighborhood House was preparing to open a child care center . . . A 132-unit condominium complex was proposed for the old paint factory/Synanon site at 23rd and Kansas Streets . . . Stars Loni Anderson and Lynda Carter, being filmed on the Hill, were pictured at Potrero Hill Florist on 20th Street . . . Hill artist JoeSam (Joe Samuels) was showing his "Black West Series" at the Western Addition Cultural Center . . . Local doctor Dean Echenberg had an article about AIDS in the New York Times . . . The Julian Theatre's production of "Homeland" on Feb. 16 was announced as a benefit for the Good Life Alliance, the support group for the embattled Good Life Grocery . . . The Dallas Mavericks of the National Basketball Association practiced at the Potrero Hill Recreation Center prior to a game against the Golden State Warriors . . . Ten Years Ago reported (with a sigh) that "luxury condominiums" for the proposed Victoria Mews development were to be priced from \$35,000 to \$50,000. What a difference 20 years makes.

A FINAL NOTE:

This column is about what appeared in The View 10 years ago this month. So those readers who have expressed concern about the threatened demise of the Good Life Grocery — relax. That was a decade ago.

— Vas Arnautoff



## Potrero Hill Neighborhood House

953 De Haro Street, San Francisco, California (415) 826-8080  
Enola D. Maxwell, Executive Director

ON-GOING MEETINGS:

- |                          |                          |
|--------------------------|--------------------------|
| Al-Anon                  | Thursday, 6 30 p.m.      |
| Alcohol Anonymous        | Sun/Mon/Thurs, 8 30 p.m. |
| Girls/Boys Club Meetings | Mondays, 4 00 p.m.       |
| Narcotics Anonymous      | Wednesdays, 7 30 p.m.    |
| Omega Boys Club Meetings | Tuesday, 7 30 p.m.       |

FACILITIES

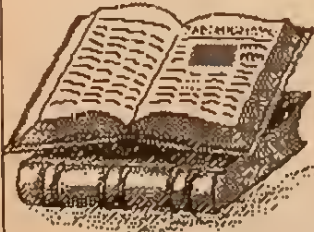
Auditorium for theatre presentations, lectures, weddings, workshops and receptions  
Bulletin board with employment and event listings  
Gymnasium and recreational space  
Meeting spaces available for use by community groups  
Mini-park

ACTIVITIES/SERVICES:

- |  |   |
|--|---|
| • After School/Summer Youth Activities | • MET Theatre Ensemble  |
| • Arts and Crafts                      | • Senior Nutrition Program                                    |
| • Food Distribution                    | • Social Development Center                                   |
| • Gang Prevention                      | • Tutoring Program  |
| • Girls/Boys Club                      | • Youth Employment  |
| • Graffiti Paint Out                   | • MYEEP/SYETP   |
| • Juvenile Probation                   | • Job Readiness   |
| • Home Supervision                     | • ZAP Project (substance abuse day treatment for adolescents) |
| • Peer Counseling                      |   |

All services and activities FREE ~ Member agency of the United Way of the Bay Area  
The NABE is wheel chair accessible. If you have need for the services of a certified American Sign Language interpreter, or a sound enhancement system, or meeting in an alternative format please contact (415) 826-8080 at least three working days prior

THE VIEW AT THE LIBRARY



If you are searching for a story that ran in the Potrero View a long time ago, take a look at the bound volumes at the Potrero Branch Library which contain every issue from the very first one in 1970 through December 1991. We will have more recent issues bound in the not-too-distant future, but in the meantime, check with the librarian who may have them on file.



**\$100,000 Allotted**

# City Policy Snags Delay Jackson Park Upgrade Work

*By Judy Baston  
and Sally Taylor*

Despite a decision late last year by the Recreation and Park Open Space Citizens Advisory Committee to award an additional \$100,000 for the upgrading of Jackson Park, actual work on that Potrero Hill playground is currently in limbo while various city departments thrash out the thorny issues of just how the work will be carried out -- and by whom.

This decision about the upgrading work

mirrors the delicate balance between a number of different goals -- getting the work done as speedily as possible, providing work for economically disadvantaged youth and maintaining the hard-won standards and protections that cover workers laboring under city contracts.

Spearheading the drive for the Jackson Park upgrade has been the Potrero Hill Parents Assn. (PHPA), which has been meeting with the Open Space Citizens Advisory Committee since back in September, 1993. At the Committee meeting where the \$100,000 was allocated, members of the PHPA presented the advisory body with a petition bearing 1,500 signatures in support of the Jackson Park up-

grading project.

To PHPA activists such as Jude Deckenback, who is responsible for the Community Outreach portfolio of her organization, the wheels of bureaucracy appear to turn very slowly. PHPA, she said, would like the California Conservation Corp., which has a city contract for some work through the Mayor's Office of Community Development, to do the work on Jackson Park "because they are cheaper than Rec. & Park." The CCC is composed of young people from economically disadvantaged neighborhoods.

But on the other hand, Scott Emblidge of the City Attorney's Office, who deals regularly with matters affecting Rec. &

Park, stressed that the city has a number of conditions that must be met when work is contracted out. Some of them reflect protections for the workers, such as prevailing wage rates, or city social policy, such as set-asides for minority and women contractors or workforces.

Efforts are currently underway to try to balance all the disparate elements at stake in the Jackson upgrade and to attempt to develop a plan under which some of the city's requirements and conditions can be met with work performed by the CCC.

But meanwhile funds are frozen and PHPA members wait impatiently for a thaw.



## WHEN THE STREETCARS ROLLED ON THE HILL

These 1948 photos of old streetcars servicing Potrero Hill and environs show: #22 bus in a turn from Connecticut Street into 18th (top); #22 bus heading up the hill from 18th and Third Streets (middle); and the #22 turning from 17th onto Connecticut Street (lower) -- (notice the clean wall on right hand side of photo where today there is the Potrero Hill mural).



These photos were submitted by Tom Gray of San Francisco.



# Starr King Park Board Elections Set for March 9

By Bernard Gershater

Potrero Hill residents with long memories may recall the beginning of the effort to create a park in the open space across from Starr King School on Carolina Street.

The area was formerly the site of the Wisconsin St. public housing, which was torn down to make way for the Parkview Heights development built by Barratt Corporation and overlooking the southern slope of Potrero Hill. Concerned about the lack of open space there, in 1984 the City struck a deal with Barratt.

As compensation for Barratt's tiny backyards and narrow streets, Barratt dedicated the area extending from the northern end of Parkview Heights to 23rd Street as open space, and set aside a fund for the construction and maintenance of a natural park. A Board of Directors of interested Potrero Hill residents was then elected to oversee the open space.

The plan was to close Coral Road, a curving street that begins and ends on Carolina Street behind Starr King School. Coral Road was part of the old public housing. When the housing was torn down, the road and building slabs were left behind. For several years the effort was plagued with insurance problems and an ongoing dispute with a neighbor, who complained that the plan to close Coral Road would deprive him of access to his property, which runs from there to an undeveloped portion of De Haro Street at 24th Street. A lawsuit that continued for several years finally ended in a judg-

ment that gives the property owner the right of access to the southern portion of Coral Road, providing that he maintains a gate closing off public access to the road and maintains \$500,000 in liability insurance. The northern leg of the road can be removed.

With this problem put to rest, the Starr King Park Board of Directors is planning to go ahead with its efforts to create the Park as a natural open space, with no structures of any kind, no apparatus or dog runs, not even benches. A water system has been installed, and it is hoped that native plants will flourish.

Starr King Park is a land trust, managed by a Board of Directors drawn from Potrero Hill residents. It is a non-profit organization, not organized for the private gain of any person.

The Board of Directors has put out a call for elections to the Board, to be held on Thursday, March 9, at 7:00 p.m., at the Potrero Hill Neighborhood House, 953 De Haro Street. In order to vote in the election you must be at least 18 years of age, and live between 16th and Army and Potrero and Third Streets. Anyone desiring to be nominated to the Board should submit a statement in 50 words or less by February 23, stating why you wish to be nominated. Nominees should be prepared to give a short presentation on election night, and answer questions from the audience. Board members will be required to attend at least nine out of 12 meetings annually.

For more information call Roxanna at 824-3663 or Chris at 824-2013.



The site of Starr King Park looking north. Plans for the rehabilitation includes the election of a new Board of Directors. Vos Arnoutoff photo



## Potrero Hill Parents Association HELP for PARENTS Call 282-7425 for recorded information

- Toddler Playgroup (Saturday mornings)
- Art for Pre-Schoolers (Wednesday afternoons)
- Holiday Parties and Special Events
- Classes (CPR, First Aid, Parenting Skills...)
- Community Action (Park Upgrade, Quake Prep...)

### Caleb G. Clark Potrero Hill Health Center

1050 WISCONSIN STREET  
SAN FRANCISCO, CALIFORNIA 94107  
TELEPHONE: 648-3022

Michael J. Drennan, MD - Director

#### PRIMARY HEALTH CARE

Family Practice  
Pediatrics  
Internal Medicine  
Prenatal/Postpartum Care  
Podiatry, Nutrition  
Dentistry

Medical: 8:30-5 M, T, Th, F  
8:30-6:30 Wed

Dental: 9-4 M, T, W, F  
9-12 Th

Doctor and Dentist on call 24 hours  
for registered patients

Fees: Medicare, MediCal,  
DentiCal, Insurance,  
Sliding Scale

Appointments encouraged

CHILDREN'S BOOKS • BIOGRAPHIES • LITERATURE

**Christopher's BOOKS**

1400 18TH STREET  
AT MISSOURI  
SAN FRANCISCO, CA 94107

OPEN 10:00AM-10:00PM  
SEVEN DAYS A WEEK  
415 255 8802

Special Orders Welcome

CRAFTS • WINE • COOK BOOKS • MYSTERIES  
ART • PHOTOGRAPHY • ARCHITECTURE  
HISTORY • POETRY • PARENTING • TRAVEL

### MUNI and BART Tix at Nabe

MUNI and BART tickets are available at the Neighborhood House, 953 De Haro St., Mondays through Fridays during office hours, 10 a.m.-4 p.m.

Senior MUNI: \$8.00  
Youth MUNI: \$8.00  
Senior BART: \$1.60

For more information, call  
826-8080



### ACTCM Community Clinic Coupon

## ACUPUNCTURE TREATMENT

Please call (415) 282-9603 to set up an appointment.  
450 Connecticut Street at 20th Street  
San Francisco, CA 94107

*"Health Care for the Next Century"*

This coupon is redeemable for one complimentary initial consultation and acupuncture treatment during the month of February, 1995.

Offer valid for new patients only. Does not include herbs. Expires February 28, 1995

## POTRERO HILL'S OWN TRAVEL AGENCY

SMALL AGENCY SERVICE • LARGE AGENCY DISCOUNT

Airline Tickets, Cruises, Business Travel,  
Vacations, Amtrak



Carlson Travel Network

The Hill Travel 291 Connecticut Street, San Francisco, CA 94107

(415) 864-5757

## ATCHISON'S PHARMACY

Prescriptions Filled VA 4-3590

KEYS MADE  
COPY SERVICE

NEW HOURS:  
Mon, Tues, Thurs, Fri - 9:30 - 6:30  
Wed, Sat - 9:30 - 2:30

CLOSED SUNDAYS  
& HOLIDAYS

U.S. Post Office Substation, 9:30-noon, 12:30 - 4 p.m.  
PG&E, Water, Phone bills collected all hours.

American Greeting cards  
1607 - 20th STREET



# Memorial Set for Senior Runner Walt Stack Feb. 5

By Vas Arnautoff

Running phenomenon Walter Stack, a 15-year resident of Potrero Hill, died January 19 in a nursing home after a long illness. He was 87 years old.

A physical marvel, Stack took up running when he was 58 because he had been told it would increase his stamina for long distance swimming. Running then became his passion. Before injuries forced him to quit, Stack had run in about 100 marathons, some 50-mile runs and he was an annual participant in the Pike's Peak race. He ran every "Scenic Scamper" in the 1980s, an annual benefit run for the Potrero Hill Neighborhood House.

Loquacious, wise-cracking, earthy ("Walt's most developed muscles are in his mouth, not his legs," a friend once said.) Stack's enthusiasm for the sport led him to organize the Dolphin South End Runners in 1967 and he served as the club's president during most of its existence. Primarily an all-male group at its inception it began accepting female members under Stack's urging at a time when women were not permitted to run either the Dipsea race in Marin county or San Francisco's Bay to Breakers.

He also encouraged family participation in the weekly DSE runs in the City—participation being aim, not competition. This view was expressed in the club's motto, emblazoned on their t-shirts: "Start Slowly and Taper Off."

For years Stack's personal routine was unvaried. Daily he'd bicycle from the Kansas Street apartment he shared with his late wife, Marcie, to the Dolphin Club at Aquatic Park. There he'd don his running gear—shorts, shoes, no shirt—and

scamper the 17 miles to Sausalito and back, go for a swim in the Bay, then into the sauna, back on his bike and home to Potrero Hill. Before he retired as a hod carrier he'd do the Sausalito run before work.

A familiar sight on the waterfront, he'd be greeted by passing commuters, other runners, Golden Gate Bridge painters, and strollers. He made a point of responding to each greeting. "Hell, if I didn't," he said, "people might think Stack's getting a swelled head after all those articles and being on the Johnny Carson show and all."

He was much in demand as a speaker at gerontological conferences, senior citizen clubs, mental health workshops and on radio and television and in 1980 he was named to the Mayor's Physical Fitness Council. There was even a book about him—"The Running Saga of Walter Stack" by Bob Bishop.

Born in Detroit of Polish parents, Stack led a colorful life. Joining the army in 1922 as a husky 15-year-old, he soon deserted then reenlisted at 18 under an alias. The rigors of Army life as a medic in the Philippines convinced him that jail in the States was preferable and he confessed to the previous desertion. This earned him 14 months detention, five of which he spent at Alcatraz, then an Army prison.

He sailed for 26 years as a marine fireman until he lost his Coast Guard papers in 1951 during the Cold War hysteria. Stints as a garbage collector, truck driver, liquor store clerk, slaughter house worker, and finally hod carrier, followed.

One memorial gathering for Walter Stack was held at the Dolphin Club at Aquatic Park on January 28. Another is slated for 1 p.m. on Sunday, Feb. 5 at the Potrero Hill Neighborhood House, 953 De Haro Street.

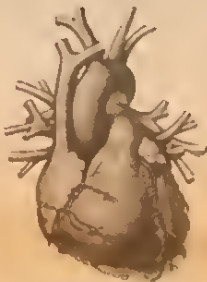


Mike Pechner, meteorologist and former Hill resident shares a joke with Walt Stack before the 1986 "Scenic Scamper." Stack, then in his 70s, was a regular participant in the Neighborhood House benefit run.



**HAPPY FEBRUARY BIRTHDAY:** Ellie Baines, Esther (Hon) Brown, Michele Burton, Marissa Dorr, Sheila Duffy, Ria Franks, Mignon Garland, Dan Gershater, Tish Hendershot, Pat Henry, Chris Holt, Nathaniel Irons, Dick and Julie Jaulus, Pauline Jurich, Roberta Callahan Ker-shaw, Sam Kiebal, Brian McGuire, Corey Monroe, Arthur Myers, Karen Pierce, Richard Reineccius, Charles Sabella, Evie Wakefield, Blake Ward, James Wheeldon, Liz Williamson, Bob Wood, Neal Wood.

Good News For Anyone Who Has One Of These.



The good news is that Americans are lowering their risk factors for heart disease. The research and education we support have helped you to quit smoking, balance your diet and watch your blood pressure. In fact, since 1977, death rates from heart attack have gone down by 30.9%. Death rates from stroke have gone down 37.3%. So keep up the good work. To learn more about reducing your risk, contact your local American Heart Association. Your Life Is In Your Hands.



American Heart Association

this space provided as a public service



Walt Stack charges up De Haro St.  
Bob Hayes photo

## POTRERO HILL NEIGHBORHOOD HOUSE MULTI-SERVICE ages 13 - 17 TEEN CENTER

services offered at the  
Potrero Hill Neighborhood House (NABE)  
953 De Haro Street, San Francisco:

- |                |                          |
|----------------|--------------------------|
| Arts & Crafts  | Movies                   |
| Basketball     | Sewing Projects          |
| Board Games    | Team Sports              |
| Computer Lab   | Tutoring/Homework Helper |
| Dance Movement | Video Games              |
| Field Trips    | Volleyball               |
| Gospel Choir   | Weekly Teen Council      |
|                | Weight Room              |

For information about the NABE TEEN CENTER telephone  
Joyce Armstrong, Program Coordinator at (415) 826-8080

Natural  
Medicine  
You Can  
Trust



Carl Hangee-Bauer, ND, LAC

SOMA  
ACUPUNCTURE &  
NATURAL  
HEALTH  
CLINIC

- Acupuncture
- Herbs & Nutrition
- Naturopathic Health Care
- AcuQuit Stop-Smoking
- Evenings & Weekends
- Insurance Accepted

862 Folsom St.  
(between 4th & 5th)  
974-5596



## James Waite Certified Public Accountant

- Tax Planning  
Tax Preparation  
► Electronic Filing  
► Year-Round Service

- Financial Services  
Business Planning  
Accounting Systems  
Computer Consulting

« Professional Service at Reasonable Rates »

345 Vermont Street San Francisco, CA 94103  
(415)552-2569 (Fax)552-2499

## TAX SERVICES

PERSONAL, BUSINESS, & EMPLOYMENT TAX  
CONVENIENT AND ECONOMICAL SERVICES AVAILABLE  
YEAR ROUND FROM POTRERO HILL RESIDENT AND  
QUALIFIED PROFESSIONAL.



JEFFREY HOOVER  
ENROLLED AGENT

890 RHODE ISLAND ST.  
415. 285. 8931



On the recovery road from recent surgery: the Nabe's Enola Maxwell and Hill oldtimer Ray Hansen, both staying at Hillhaven Convalescent on 19th Avenue.

Congratulations to View staffer and filmmaker Julia Jaurigui, who has been named Administrative Director of Cine Accion, a media arts information and support organization for independent Latino film and video makers.

The Society for the Prevention of Cruelty to Animals (SPCA), located on 16th St., offers behavior counseling and classes for cats and dogs, as well as care for rabbits. Call 554-3073 for info on how to register.

Along with celebrating Black History Month at our branch library on 20th St., be sure to visit a special exhibit at the Main Library in Civic Center where photos, posters and other memorabilia attest to the rich history of African Americans in the Bay Area. The exhibit can be viewed in the Main Library's Rotunda on the second floor during open hours, Mon., Wed., Thurs., and Sat. from 10 a.m.-6 p.m.; and on Tues. from noon-9 p.m.; and on Fri. from noon-6 p.m.

Need help with your tax return? Tax-Aid offers expertise to low income residents of Potrero Hill Monday evenings at the Neighborhood House, 953 De Haro St., beginning Feb. 27, 5:30-8:30 p.m. And the American Assn. of Retired Persons (AARP) also offers help from volunteers to assist low and moderate income taxpayers 60 and over to fill out their tax forms from February through April 15. For the site nearest you call 626-1033.

The Jewish Family and Children's Services is sponsoring a support group for people concerned about their aging parents. The group will focus on learning how to meet parents' needs without sacrificing one's own. Information about community resources will be presented during the six-week session, Thursday evenings from Mar. 9-Apr. 13. There is a \$60 fee, but some subsidies are available. Call 561-1215 for more info.

The celebration of the United Nations' birthday in June will be kicked off by an Amnesty International Western Regional Conference: Human Rights Education — A Bridge to Freedom, Feb. 10-12, at Cathedral Hill Hotel, 1101 Van Ness Ave. The conference will feature workshops, panel discussions and training sessions. Call 677-7936 for more info.



Rosa Parks, whose refusal to give up her seat on a Montgomery, Alabama bus nearly 40 years ago was instrumental in beginning the civil rights movement, brings her vision for change to S.F. State University Feb. 22. She will appear at 12:30 p.m. in the school's gym. The 81-year-old Parks will discuss a new youth program in the SFSU's Achievers Against the Odds program, which is designed to honor and to present to the San Francisco State campus community and to the public role models who have made achievements against difficult odds. The Rev. Cecil Williams will serve as master of ceremonies. Tickets for the event cost \$5 for general admission; \$2 student/senior. Partial proceeds benefit the SFSU Rosa Parks Scholarship Fund. Call 338-2032 for more info.

The S.F. Ballet will hold special matinees at a reduced rate of \$5 for every seat in the house Feb. 24, 28 and Mar. 7, at 11:30 a.m. These special matinees are targeted for students, seniors and community organizations, and underwritten by Tele-sis Foundation. Call the Ballet Ticket Center, 865-2000, or purchase tickets at the Box Office, 391 Van Ness Ave. Wheelchair access is available by special arrangement.

Modern Times Books, 888 Valencia St. offers evenings with authors during February: "Who's Afraid of the Dark," a resource book for rape survivors authored by Cynthia Carosella who will appear on Feb. 10. "Liberating Memory: Our Work and Our Working-Class Consciousness," with readings by authors Sue Doro, David Joseph, Tillie Olsen, Julie Olsen Edwards, Carol Tarlen and Pat Wynne, Feb. 23. And "San Francisco Murals" by Tim Drescher is featured on Feb. 28. All events take place at 7:30 p.m.

Free medical screenings and information will be available at a Health Fair on Saturday, Feb. 25, from 9 a.m.-3 p.m. at the Mission Neighborhood Health Center, 240 Shotwell (at 16th St.). Physical exams, HIV testing, blood pressure, diabetes and TB tests, and health education will be provided free of charge. Free mammograms, sponsored by the Bank of America, will also be available to those who make an appointment at least one week in advance (call 552-3870, ext. 246).

S.F. TEEN Newspaper, a newspaper by and for teens, meets after school at 50 Scott St. weekdays. Any teen interested in learning are welcome, and no experience is necessary. Cartoonists and artists are also welcome. Call the S.F. Rec and Park Dept., 554-9521 for more info.

St. Teresa's Church holds a one-day rummage sale, Feb. 4, 9-5 p.m. The Parish Hall is located at 19th and Connecticut Streets.

The S.F. History Assn. is presenting a talk/book signing evening with Jerry Flamm, whose new book "Hometown San Francisco, Sunny Jim, Phat Willie, and Dave" has just been released. The event takes place Feb. 23, 7:30 p.m. at the Unitarian Center, Franklin and Geary Streets. For more info call 750-9986.

One person out of three worldwide today needs glasses, and through an annual eye-glasses recycling program, old used and/or unwanted glasses can be used to help people in need. The S.F. Home Services Center, 1740 Market St. will accept glasses anytime during their open hours, 9 a.m.-5 p.m. For more info call 252-5360.

The Campaign to Abolish Poverty holds an organizing meeting Feb. 25 at the Unitarian Church, Franklin and Geary Streets, 10 a.m.-12:30 p.m. Speakers include Aileen Hernandez, Bertram Gross, and Ying Lee representing Rep. Ron Dellums. For info call 397-4911.

February is American Heart Month, and the American Heart Assn. (AHA) is hosting a series of fitness activities throughout the Bay Area. On Feb. 13 the World Gym on De Haro Street will sponsor a fundraiser emphasizing the need for cardiovascular activity, which will raise funds for the research and education programs of the AHA.

Precita Eyes Mural Arts Center offers Mission District mural walks every Saturday afternoon at 1:30 p.m. Participants learn about mural history and view more than 60 murals in an eight block walk. For more info call 285-2287.

Local theatre events: Opening Feb. 9 at the Noh Space, 2840 Mariposa St., two one-act plays: "Dog Explosion" by Sean Clark at 8 p.m., and "Home Free" by Lanford Wilson at 9:15 p.m. For info call 821-2255. Genesis Theatre presents "The Dead Monkey" by Nick Darke, at the Phoenix Theatre, 301-8th St., Thurs - Sun through Mar. 12. 721-1717 for info.

Taxpayers can help non-profit arts and cultural groups with a voluntary contribution along with their property tax payments. The Voluntary Arts Contribution Fund (VACF) provides grants for urgently needed equipment or capital improvements, and was able to award more than \$92,000 to 36 neighborhood arts and cultural organizations throughout S.F. for 1995. VACF is administered by Grants for the Arts of the S.F. Hotel Tax Fund. Renters and other individuals can also contribute. For more info call 554 6710.

Celebrate Valentine's Day with the Community Women's Orchestra on Feb. 14 at the Potrero Hill Middle School, 655 De Haro St., at 18th. The program which begins at 7:30 p.m., includes works by Ravel, Chabrier and 19th century composer Louise Farrenc. A donation of \$5 is requested, but no one will be turned away for lack of funds.

And two art exhibitions open at Project Artand: "House of Ill Repute," an installation by Alicia McCarthy and Ruby Rose V. Neri, Feb. 10 - Mar. 11; and "Stolen Goods" by Natalie Bookchin and Elizabeth Cohen. Call for 863-2141 for info.

#### IN MEMORIAM

**BELINDA R. JACKSON**

June 30, 1957 - December 26, 1994

#### IN MEMORIAM

**AVRUM RUBENSTEIN**

1919 - 1995

#### IN MEMORIAM

**LAILA MICHAEL**

June 16, 1941 - January 5, 1995

**Tender Loving Care**  
PET SITTING  
Dogwalk/Flea Baths and Dips  
695-0511

### Potrero Mail 'N More

Valentine's Day Feb 14

Greeting Cards  
Gift Wrap  
Pack & Ship  
Authorized UPS Shipper  
Fax & Copy Services  
Mailbox Rental

Hours  
M-F 10 to 7  
Sat 10 to 4

1459 18th Street (at Connecticut) 415-826-8757

brochures • identity systems  
print ads • illustrations  
menus • & more...

**imprint, ink.**  
uncommon design

ph.: 415.985.7044  
fax: 415.668.7044

### 24th Street Animal Clinic

Joseph A. Killian, D.V.M.

285-9300  
2400 - 24th Street

Love Lies Bleeding  
FLOWERS



Fresh cut flowers & Floral Design

18th & Missouri  
Potrero Hill  
Open Fri-Sun

Weddings  
Special Events  
Custom Accounts  
(415)648-0519



### DOG TRAINING

One-on-one lessons in the  
dog's own environment...  
(home or business)

POSITIVE REINFORCEMENT USED  
BASIC & ADVANCED OBEDIENCE

• PUPPY MANAGEMENT  
• BEHAVIOR PROBLEMS

**334-5523**

P.O. BOX 27664, SAN FRANCISCO 94127





THE SHARPSVILLE TRAIN  
AND OTHER POEMS  
by William Reuscher

William Reuscher lived on Texas Street in Potrero Hill and went each day to the Neighborhood House as a client in the program there for developmentally disabled adults.

At five years old, William was struck with scarlet fever. In those days, before sulfa drugs and anti-biotics, the fever caged and killed many people or left them, in severe cases like William's, brain-damaged. It was not until he entered school that his problems became evident. At nine months old he was walking. At twelve months old he was talking a blue streak. At seven years old he was labeled retarded. Years later at Mayo Clinic, medicine had advanced enough to unravel William's problem, but even then it was too late for many of the techniques now applied to overcome injury to one hemisphere of the brain.

He lived at home all his life, over-protected and lonely. In 1988, his mother and father dead, he came to live with his sister in San Francisco. Finally, at 62 years old, his life began. The Potrero Hill Neighborhood House gave him a place to belong, friends, and counselors who made him feel as though he were really more a part of the staff than a client. He served on Mayor Agnos' Commission for the Disabled, representing the Hill. It was his proudest moment. His intelligence was unlimited in many ways and this opportunity to participate in life, to vote, to represent his peers was the dream of a lifetime.

William had cancer surgery in 1979. In 1988 he had a lung removed. In 1992, his cancer recurred and he had two major surgeries at Dartmouth Hospital in New Hampshire where he now lives. As the cancer has advanced, he has undergone radiation treatments, further surgeries and a great deal of weakness and discomfort. His condition is deteriorating.

William misses the Hill and his life here. Recently he gave me the handwritten copies of poems he has written over the years. I never knew he wrote poetry. He can not spell well, and can not use a dictionary. He believed that the images and metaphors of his mind's production were not equal to those of others. I profoundly disagree. I am a teacher of English and a writer. I am his sister.

Here are his poems, copied by me so that you might all know this man who is my brother. I have changed nothing but spelling and added punctuation so that they are clear. Nothing will make him happier or more proud than to see these poems in the local newspaper of the place he calls "home."

He needs prayers now, and I know he would love to hear from any of you who like his poetry. He is a man of faith and optimism even now in the face of pain and multiplying tumors. He can be written to at: William Reuscher, RD f, Box 356, Woodsville, New Hampshire, 03783. With Love, Nancy A. Reuscher

BABY SISTERS

Crazy people -  
Little crickets in the corner

SEX

It started with Adam and Eve,  
When they got together -  
The pair, not the apple.

AUNT MAME

A string bean,  
A pink rose,  
A Tinker-Bell,  
Oh boy, she knows how to dress!

AUNT BESS

Her love is the soft patter of rain,  
Her touch, the surface of still water.

TO NAN

You are a pile of mountains  
Covered with pines,  
A snake going through the grass,  
A ball that rolls over and over,  
With a spirit like honey.  
The great Boss of the world,  
The river of no return.  
To me, you are the Queen Bee.

MOM

Her beauty was always of the now

DAD

Like a father should be -  
Doing with me.

UNCLE NICK

Sometimes he was strength,  
Sometimes he was rough,  
An athlete, good to men,  
And always good to me.

MY FRIEND, PATRICIA

Tall, like a pine,  
Spirit straight as an arrow,  
An august heart.  
Kind, gentle hands.  
She's got deep joy.  
Those big eyes of hers  
Shine at you and  
Give you goose bumps.

LIFE

A bed of nails to walk on.  
Birds singing and  
Beautiful sky above.  
Children sad and in tears.  
Children will die today.  
In the darkest cloud  
You breathe very, very hard.  
Nature is it all.  
A maze. Amazing!

DEATH

Celebrations!  
Laughter and singing!  
You are left alone.

THE SHARPSVILLE TRAIN

(Sharpsville, PA was William's birthplace and the home of his grandmother. When he was a little boy the steam engines ran through town. This is a reflection as grown man when he looks out the window and sees the street lamp and the fog and it reminds him of his childhood.)

Outside my window tonight  
The tree becomes the train,  
Clouds become the steam,  
So tonight, the tree,  
White with fog is come,  
The train is come.  
The train and the steam come closer,  
Closer, closer.  
I cry out like the deep whistle  
And then I close my eyes.

FOR LORI

(William wrote one more poem. The occasion was the marriage of Lori Robinson, the director of his program at the Potrero Hill Neighborhood House. He adored her because she represented to him recognition of him as a complete human being. And, as he said, because "she is very beautiful.")

You know me  
You call me friend  
You think I'm smart  
You're part of me  
You love me  
Well, I'm somebody after all!

And now you marry someone  
And he will always know he is somebody  
Because you love him.



## Award Winning Drama, "Fences", Opens at Hill Theater February 25

"Fences" by August Wilson, the next production of Multi Ethnic Theatre (MET), opens this month at the Potrero Hill Neighborhood House, 953 De Haro St.

The play comes to the Hill as one of the most heralded dramas of recent years. In 1987 it won every major award: Pulitzer, Drama Desk, New York Drama Critics, and Tony.

"Fences" concerns the family of Troy Maxon, once a mighty Negro League baseball player who hit home runs off Satchel Paige. Too old to play in the majors when Jackie Robinson broke the color barrier, Troy takes his bitterness out on his family.

MET's production features Julius Varnado as Troy, Victoria Evans as his wife, and Ali Phelps as the son whom Troy won't let participate in sports. Others in the production are Shawnte Alexander, Drent Barry, James Brown, Ronald Hatter, Fabian Herd, Rama Kellum, and Shoshanna Rosenzweig.

The play opens on Saturday and Sunday, Feb. 25 and 26. Previews are Thursday and Friday, Feb. 23 and 24. Additional performances are scheduled for Thursdays, Fridays, and Saturdays throughout March.

Previews and all Thursday performances are half-price. Seating is limited and reservations are advised. Call (415) 550-8161 - for information and reservations.



Julius Varnado in role as a Negro League baseball star in "Fences."



Local artist JoeSam. was able to fulfill one youngster's wish for a free art lesson. The second grader won the free lesson by submitting an art essay in a contest sponsored by the Children's Book Press.

## Contest Winner Gets Free Art Lesson from Joe Sam.

Potrero Hill resident JoeSam., renowned San Francisco public artist and recipient of the Coretta Scott King Award for illustration, recently hosted a young aspiring artist in his Hunter's Point studio for a free art lesson. The talented and excited youngster is seven-year-old Jeffrey Maluia, a student of Malcolm X Academy, also in the Hunter's Point district of San Francisco.

Maluia was one of the top winners of a recent art and essay contest sponsored by Children's Book Press, a multi-cultural nonprofit publishing company based in Emeryville. The contest, entitled "The Barber's Cutting Edge - A Child's Tribute," was a showing of student artwork from the eight Bay Area inner-city schools that are a part of Children's Book Press' outreach program. The students were asked to write an essay and create a piece of artwork

about their favorite role models or mentors. Winners were announced at a recent book release party held at the Museum of Children's Art in Oakland. JoeSam. conducted the art lesson at his studio at the Hunter's Point Naval Shipyard on December 14.

JoeSam. was named as "one of the Black artists destined to make an impact on America" by the National Endowment for the Arts. He has received wide recognition for his Black West and Black Bible Series, his illustrations for the Children's Book Press book "The Invisible Hunters" as well as his numerous public art pieces. He has a public art installation in the Mission Police Station and has been commissioned to do an installation for a playground in the Tenderloin. JoeSam. is currently working on a new book with Children's Book Press about the Black cowboys in American history.

**Act Your Age!** For Youths 5-17

**Professional Stage Training**

Dramatic Play  
Musical Theatre  
Theatre Games  
Play Production  
Teen Theatre  
Performance Company

**NOW ENROLLING FOR WINTER 1995**  
Scholarship Available  
Phone Today for  
Free Enrollment Brochure  
415-861-4914

**The New Conservatory Theatre Center**  
25 Van Ness Ave., SF



## Women's Clinic

*Providing low cost, confidential,  
and personalized care*

Serving the  
community  
since 1969



- Free pregnancy testing and exam: immediate results
- Family-centered obstetrical care
- Birth control and pregnancy termination
- Complete gynecology services

Michael B. Abramson, M.D. Chris S. Manitsas, M.D.  
William M. Waters, M.D. Ann Starego, C.N.M.

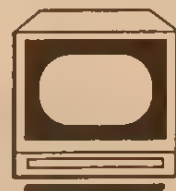
Drop-in service Medi-Cal welcome Se habla Español  
Self-pay, Insurance, Visa and MasterCard accepted

1650 Valencia Street  
(between Army & Mission)

**285-7788**

*Affiliated with St. Luke's Hospital*

## DR. VIDEO



Potrero Hill's  
Video Store

1521-18<sup>th</sup> Street  
San Francisco, CA 94107  
(415) 826-2900

*St. Valentines' Freebie!*  
When you bring us this ad, one  
rental gets you two films!



Usual Rules: 2<sup>nd</sup> tape of equal or lesser value,  
one per customer, coupon required. Valid thru February 1995.



## Hill Health Center Offers Supportive Prenatal Care

It's never too early to start planning and preparing for a health baby! There are many things parents can do before a baby is born to help prepare for a healthy child. For example, eating healthy foods and cutting down on smoking will help assure a healthier baby.

The Caleb Clark Potrero Hill Health Center at 1050 Wisconsin St. offers a friendly environment where expecting parents can get comprehensive prenatal services. These services range from helping to plan a pregnancy, to nutrition and health counseling during regular prenatal appointments, all the way to delivery of your child by a Potrero Hill Health Center doctor, and care for you and your baby after your baby is born.

Last year 15 healthy babies were born to mothers followed at Potrero Hill Health Center and this year the clinic's doctors expect to deliver 25 to 30 babies. Jannie Laurent of Potrero Hill, who had a healthy baby girl this past January, said, "the nurses were very helpful in giving information and advice about my pregnancy, and were very supportive." She also was impressed that her eight year old daughter was welcome at her prenatal appointments. "My daughter, LA'Diamond, loved to come to the prenatal appointments and listen to the heartbeat of the new baby." Yeny Padilla, who had a healthy baby boy last year, appreciated that "so many

of the clinic staff spoke Spanish." She also was happy that "I knew the doctor at the clinic that was going to deliver my baby, and that was important to me."

The Potrero Hill Health Center staff includes doctors, nurse practitioners, nurses, nutritionists, and social workers providing an array of services to help you have a healthy baby. These include:

- \* Regular prenatal check-ups during the whole pregnancy.
- \* Appointment with a nutritionist to help plan a healthy diet during pregnancy.
- \* Education and advice about pregnancy, childbirth, and baby care.
- \* Help with applying for programs such as Medi-Cal, WIC, and AFDC.
- \* Help with cutting down or quitting smoking, drinking, or using drugs.
- \* Counseling on problems related to pregnancy.
- \* Delivery of the baby by a Potrero Hill Health Center doctor.
- \* Expectant fathers welcome at all clinic visits and at the delivery of the baby.

The staff at Potrero Hill Health Center want to help all pregnancies end with a healthy baby. For more information about prenatal care or other primary care services, please call the Potrero Hill Health Center at 648-3022.

— Jonathan Barash, M.D.



## The Potrero Hill Neighborhood House's BLACK HISTORY MONTH CELEBRATION

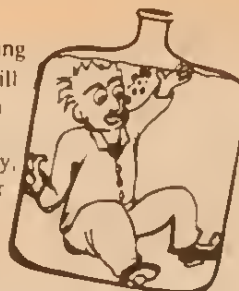


Sunday, February 19  
953 De Haro Street  
San Francisco, CA  
3:00 - 6:00

Refreshments will be served

### Are you "DROWNING" in the High Cost of Bottled Water?

Multi-Pure Drinking Water Systems will supply you with more water, more conveniently, better quality for less money right at your faucet.



Call Today for More Information:  
Richard Baggelaar 648-1368

### SHANTA CARPENTRY & CONSTRUCTION



Since 1974  
remodeling  
kitchens / baths  
elec. / plumbing  
victorian restor  
repair / dry rot  
additions  
Lic. No. 442870

foundation to finish

821 - 4091

residential  
landscape design  
commercial

LAURIE JO ERICKSON

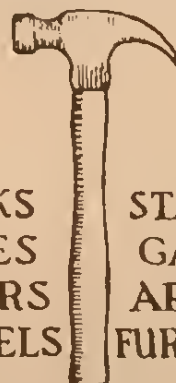
Architect  
(415) 695-0566



1707 20th Street, San Francisco CA 94107

remodels  
new construction  
permit drawings

## CARPENTRY



DECKS  
FENCES  
REPAIRS  
REMODELS  
STAIRS  
GATES  
ARBORS  
FURNITURE

RETAINING WALLS  
CUSTOM CREATIONS  
JAY 641-9076



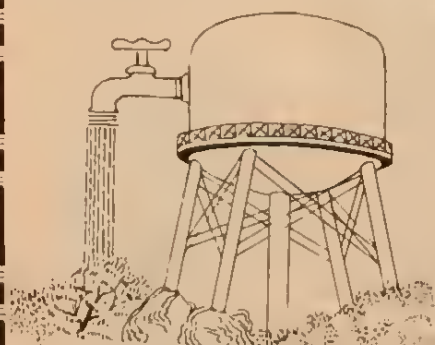
Kobliska Construction  
Lic. 459114

\*20 Years Experience  
\*Foundations  
\*Decks & Stairs  
\*Kitchens & Baths  
\*Room Additions  
\*Small Jobs Too!

(415) 648-3020

## TOM'S PLUMBING

RIGHT HERE ON POTRERO HILL



TOM KEATS 824-3538

Same Day Service! Low Rates!

## UPRITE

Residential Commercial  
CONSTRUCTION, INC.  
General Contractors

- New construction, commercial and residential properties
- Retaining walls
- Dry rot/structural
- Foundations/seismic
- Kitchens and bathrooms
- Additions/remodeling
- Roofing and waterproofing
- Stairs, deck fences
- Licence No. 648181 • Fully Insured

Call for free estimate  
415-285-6754

## Creativity. Value. Solutions.

Residential additions, kitchen and bath design  
Permit drawings, code analysis, feasibility studies  
Computer aided design and documentation

## ARCHITECTURE

Doug Shoemaker AIA  
415.826.0163



# New Infant, Family Facility Opens on Turner Terrace

The Oscaryne Williams Center for Infants, Toddlers and Families, a new facility in the Potrero Hill Housing Development, was dedicated Dec. 14.

Oscaryne Williams, a Hill resident and innovator in childcare services, has been operating a full day program for years in a public housing building. The services outgrew the original building and the Mayor's Office of Community Development granted funds to build a new site at 85 Turner Terrace.

As soon as final permit papers allow the building to open — possibly March 1 — various other programs will function out of the building for parents of the youngsters who will be cared for daily: St. Teresa's Church and Presentation

Sisters Literacy Program will offer "Fresh Start" reading, writing and computer skills, as well as job preparation skills. This program will be staffed by volunteers from both agencies.

Additionally, the S.F. PHREDA Project has received a grant from the Center for Disease Control and Prevention to set up an office to provide increased health awareness, specifically the prevention of HIV infection and unintended pregnancies among women.

There will also be on-site assistance from the Dept. of Social Services to help families apply for benefits, employment and training and child welfare services.

— R.P.



The Oscaryne Williams Center, located in the Potrero Annex section of the S.F. Housing Authority's property, is ready for occupancy by the several social service agencies slated to occupy the building.

Ruth Passen photo

## Busy Month of Activities at Nabe

In a celebration of Black History Month, the Potrero Hill Neighborhood House presents a special program on Sunday, Feb. 19, from 3-6 p.m.

The program will feature readings, songs, skits, raps, the children's choir, and performances by the young people who attend and participate in Neighborhood House activities.

General admission is \$2, and refreshments will be available for a small cost.

For more information call 826-8080.

Seniors are invited to a special Valentine's Day luncheon and dance at the Neighborhood House, 953 De Haro St. on Tuesday, Feb. 14 at 11 a.m.

The special event is co-sponsored by the Nabe's Social Development Center.

To reserve a spot for lunch, contact Alicia at 826-8080.

### ADVANCED BUILDING DEVICES

84S, 22nd Street, San Francisco  
(415) 641-8175

Supplier of ENERGY EFFICIENT and CODE-COMPLIANT building products:

- \*stainless steel grab bars ( broadest variety )
- \*handicap/restroom signs ( largest selection )
- \*handicap plumbing fixtures and accessories
- \*handicap locks/door closers/door viewers
- \*emergency lights/exit signs, smoke detectors
- \*water saving devices, antiscald faucets

ENERGY CONSERVATION SALE  
( Sale ends 3-31-95 )

Heating ducts & fittings : 10% off  
Ruud furnace 75,000 BTU : Special \$379  
100,000 BTU : \$399  
Day & Night furnace : Call

INSTALLED SALE ALSO AVAILABLE

### G K Pest Control

COMMERCIAL • INDUSTRIAL • RESIDENTIAL

**GENE KRIAKIN**

BUS 282-0402  
RES 826-0219

LIC 952716

### Dan B. Underhill

PROTECT YOUR INVESTMENT AND YOUR HEALTH

(NOT NECESSARILY IN THAT ORDER)

**PLUMBING-206-1412**  
DESIGN • INSTALLATION • REPAIR • MAINTENANCE

# 空手 KARATE

A PHYSICAL WORKOUT, A SPIRITUAL LIFT

WHERE: Potrero Hill Neighborhood House  
WHEN: Saturdays - 11:00 - 1:30  
STYLE: Traditional Japanese and Okinawan Martial Arts

Open to Men and Women,  
16 years old and older.

FOR MORE INFO: Call 282-5421

## Patrick Dougherty

PAINTING

License #655296

**415/452-1106**

## LOOKING FOR CABINETS?

We make only European style frameless cabinets with the quality you want for the price you want to pay.

- Traditional wood, melamine, or plastic laminate fronts in our selected cabinet configurations. Visit our showroom
- All cabinets are locally manufactured and made to size
- Melamine plastic interiors and quality German hardware

**QUALITY - PRICE - RELIABILITY**

**CITY CABINETMAKERS**  
1351 UNDERWOOD AVE.  
822 - 6161

JANICE BENASSI

WALL PAPERING  
PAINTING • FAUX FINISHING

629 112 Pennsylvania  
San Francisco, CA 94107  
415-824-0713

## Taylor'd INTERIORS

Jennifer Taylor-Vournas 415 642 9463  
Jonathon Taylor

ALL PHASES OF HOME REPAIR

## Handy Jim

Jim Kennedy • 661-3724

- Carpentry
- Electrical
- Plumbing
- Masonry and Tile
- Painting
- Roof Repairs
- Tree Trimming
- Hauling
- Seismic Retrofilling
- Insured

**JOHN J. LEAL CONSTRUCTION CO.**  
License # 678619

Seismic Upgrades	Additions
Foundations	Bathrooms
Retaining Walls	Kitchens
Dryrot repairs	New Construction
Fire damage	Concrete
Inspections	Decks & Fences

☎(415) 991-3890

# BRIGHT PLUMBING

INCORPORATED

COMPLETE PLUMBING SERVICE

REMODEL & REPAIR

**626-3884**

LICENSED SERVICE #649648

FIRE SPRINKLERS



★ **OUR COMMUNITY  
CELEBRATES  
ITS CHAMPIONS** ★



From the Connecticut Yankee to the Daily Scoop, the Potrero Hill Neighborhood House and Bloom's, 49er fans celebrated the team's Superbowl XXIX January 29, 1995 victory over the San Diego Chargers, 49-26.

Phatas by Ruth Passen and Lester Zeidman





**Therapeutic Massage**  
Stress Reduction

*Have Table Will Travel*

(415) 282-1544  
Page 202-9306

James Rich, CMT

ANNUAL FEBRUARY  
PERM SPECIAL!

**michael-gary & co.**

HAIR DESIGN FOR MEN AND WOMEN

1701 20th St. San Francisco 641-1183

## MASSAGE/BODYWORK

Nurturing. Intuitive. Release.

Pamper yourself...soothing...relaxing...pain relief...injuries...just because.

Potrero Hill resident for six years; certified massage therapist; reasonable rates; studio on the Hill (20th/Missouri).

I use a combination of Shiatsu, Swedish, Deep Tissue, Trigger Point, Traeger-like work, energy work. Continually expanding range.

In/out calls. Forty dollars per hour, fifty-five dollars per hour and one-half. Additional five dollars for out calls. I am also available for on-site/chair massage.

Give the best gift. Gift certificates available for the holidays (and all year 'round).

Excellent references certainly available.

*Deb Lazer*  
(415) 282-0669

**MOTHERS  
IN  
MOTION**

Personalized  
Fitness Programs

- Individuals
- Small Groups
- Children Welcome

Anne Windsor • Certified Personal Trainer  
B.A. in Physical Education • (415) 821-1539

## Free Workshop

Are you struggling to  
create your own direction?

Change Within To  
Direct Your Own Path!

Weekly Topics: Relationship  
Boundaries, Creativity and Self-Esteem.

**Tuesdays, 7:30 pm** at Psychic Horizons  
2240 Geary Blvd. SF (near Divisadero)

For more information or to inquire about  
ongoing grounded meditation classes,  
call Psychic Horizons at 415-346-7906.  
Everyone Welcome!

# Aesthetic Skin Care.

## DermaCare.

DermaCare is a skin care clinic dedicated  
to the concept of corrective and  
revitalizing skin care.

We exclusively use products derived  
from the Earth and the Sea that are  
developed through an advanced  
process of bio-engineering.

Our clinic offers a full menu of aesthetic  
and paramedic skin treatments:

- Glycolic Peels • Oxygen Therapy •
- Doctor's Dermatological Peels •
- Live Cell Therapy • Acne Treatments •
- Enzyme Treatments •
- Skin Discoloration Treatments •

Trial products are  
complimentary  
with the first skincare  
treatment  
until April 1st.

Kent Dohse of DermaCare is located at

**michael-gary & co.**

1701 20<sup>th</sup> St. at Arkansas/Potrero Hill  
San Francisco

**641-1183**



**Hair Now**  
Creative Hairstyling

Teresa, Beth  
& Ann

1415 18th Street 641-0247

**POTRERO** Through care for your individual needs:  
Dr. Ann Brinkley  
415.282.2574  
Holistic Chiropractic Physician

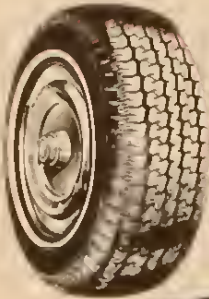
**HILL**

**HEALING** • Movement Therapy  
• Massage Therapy  
• Postural Re-education

**ARTS** Serving the greater San Francisco Bay Area  
1317 18th Street, San Francisco, CA 94107



# TIRE SALE HANKOOK SUPER VALUE RADIALS



**835**  
• P-Metric,  
75 and 80  
Series.  
• A smooth  
riding, all-  
season tire  
with a great  
warranty

**UNBEATABLE  
PRICE!**

P155/80R13

**\$34.95**

whitewall

**60,000 MILE LIMITED WARRANTY!**

**GREAT PERFORMANCE!**

- Road Hazard Warranty
- Free Replacement Limited Warranty
- 320 BC Rated
- FREE TIRE ROTATION

## Leo's Tire & Brake

2230 3rd. Street, San Francisco

Hours: M-F 8-6, Sat 9-3

Phone: **861-4300**

- ALIGNMENTS
- BALANCING
- TIRE CHAINS
- WHEELS

## San Francisco Auto Repair Center

FOREIGN AND DOMESTIC  
AUTO REPAIRS

**OPEN  
7 DAYS  
A WEEK**

OFFICIAL  
CALIFORNIA  
SMOG  
STATION



SAN FRANCISCO  
AUTO REPAIR CENTER  
**WINNER**  
1994  
BAY GUARDIAN  
BEST OF THE BAY AWARD

- Dependable work—Honest prices
- A Community-Oriented People's Garage
- Men & Women Mechanics
- Free Shuttle Service to BART & Downtown
- Basic Auto Repair Classes
- "Do-it-yourself" Membership Available

611 FLORIDA STREET (Near 18th St.) • S.F., CA 94110

**285-8588**

**\$10  
OFF SMOG  
INSPECTION**

**FREE  
BRAKE &  
SAFETY  
INSPECTION  
(\$22 VALUE)**

**\$10  
OFF OIL  
CHANGE**

## TECH-1 AUTOMOTIVE

YOUR FOREIGN AND DOMESTIC SERVICE CENTER

**OPEN 7- DAYS**

1460 ILLINOIS ST. AT 25TH ST. SAN FRANCISCO



- COMPLETE BRAKES
- ELECTRICAL REPAIR
- TUNE-UP
- FUEL INJECTION
- COMPUTER SCAN
- COMPLETE TIRE SERVICE

- COMPLETE CLUTCH SERVICE
- TRANSMISSION SERVICE
- STRUT AND SHOCK
- DIAGNOSTIC CHECK
- FREE BLUE BOOK VALUE INFORMATION
- AND MUCH MORE

COOLANT SYSTEM BACK FLUSH

**59.95 + tax**

FUEL INJECTION CLEANING

**69.95 + tax**

### OIL & FILTER

**19.95 + TAX (5QTS) MAX**

FREE TIRE ROTATION  
FREE BRAKE INSPECTION

VISA

MASTER CARD

FOR MORE INFORMATION CALL :

**550-8534**



MEMBER OF THE BETTER BUSINESS BUREAU



"The Service Shop You've Been Looking For "

## ST. LUKE'S NEIGHBORHOOD CLINIC

*We treat you  
like family*



### Low Cost Medical Care

- Medical clinic for children and adults
- Low cost sliding fee scale for patients with no health insurance
- Medi-Cal and Medicare welcome

### Special Services for Women

- Offering a full range of health services for women
- Free pregnancy testing
- Free pregnancy education classes for Medi-Cal patients
- Free referrals to private doctors at St. Luke's

### Helping with Medi-Cal

If you are a patient at the Neighborhood Clinic, we can help you get Medi-Cal benefits.

### Call Today for an Appointment

Same day appointments may be available. Most appointments within one week of calling.

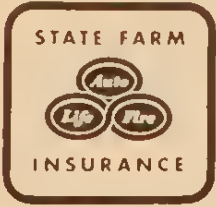
Call **(415) 641-6500**

to make an appointment

*Se Habla Español*



*"I back the family insurance I sell with good neighbor service. Call me."*



Like a good neighbor, State Farm is there.



"See me for Car, Home, Life and Health Insurance"

**LINDA K. WILLIAMS**  
1536 20TH STREET  
648-1155

## REALISTIC TRAVEL



- A Full Service Professional Agency
- Locally Owned
- Member ASTA

Let us help you with your Business and Leisure Travel  
Air & Rail Tickets  
Hotel & Auto Reservations • Cruises and Tours

18th & Arkansas Street, S.F. 94107  
Tel. (415) 824-4501 FAX (415) 824-5824

## The Hamm's Building

affordable offices for small businesses



Receptionist answers phones and greets guests  
Secretarial services and word processing  
Multiple, connecting, or single offices  
Complimentary conference rooms  
Fully furnished offices  
Panoramic views

Free parking  
Fully secured building  
MUNI and BART nearby  
The Hamm's Cafe in Lobby  
Across the street from Costco  
Immediate access to major freeways

for more information about the

### Executive Suites

**558-7500**

call our Leasing Agent Lucy Lopez



## SAN FRANCISCO AUTO REPAIR CENTER

611 Florida Street (Near 18th St.) • S.F., CA 94110

(415) 285-8588

### VOLKSWAGEN OWNERS

**LOVE YOUR VW? WANNA KEEP IT ALIVE?  
WE OFFER YOU THREE POSSIBILITIES**

- Our VW department is manned by two mechanics with a combined total of 70 years of VW repair experience
- We offer a unique service with our "do it yourself" plan. Become a member and you have a place to work, the tools you need, and the technical advice to get the job done
- We offer three types of auto repair classes
  - ♦ A VW class specifically for learning about your air-cooled VW
  - ♦ Basic Auto Repair Classes for men & women
  - ♦ Basic Auto Mechanics for Women, taught by a woman

**You can see that we have all bases covered  
We would be pleased to assist you in any  
of the directions you choose**

San Francisco Auto Repair Center

serves all domestic and foreign vehicles

Official California Smog Station

Honest work at fair prices

**Open 7 days a week**

SAN FRANCISCO AUTO REPAIR CENTER (415) 285-8588 <b>\$10 OFF</b> SMOG INSPECTION	SAN FRANCISCO AUTO REPAIR CENTER (415) 285-8588 <b>FREE BRAKE &amp; SAFETY</b> INSPECTION. (\$22 V.A.T.)	SAN FRANCISCO AUTO REPAIR CENTER (415) 285-8588 <b>\$10 OFF</b> OIL CHANGE
--	--	---

## Emergency Care With Less Waiting



When an emergency health problem strikes, come to St. Luke's Hospital. You'll get emergency care with less waiting.

Within 10 minutes after you arrive, an emergency nurse will check your symptoms. For less urgent health problems – like a sprained ankle, a cold or the flu – you'll be examined by a doctor and on your way, typically, within an hour.

Each year, St. Luke's provides more emergency care than almost any other San Francisco hospital. That's why we have a specially trained doctor available 24-hours a day just for children.

We're specialists at Emergency Care. We hope you'll never need an emergency room. But if you do, why not go to the best?



Emergency Department  
Army & Valencia  
Se Habla Español

Do you:

Need a special outfit? Love couture clothes?  
Have trouble finding clothes that fit?

Want original designs?

Come to

*Tellefsen*

Originals

.... and make your dreams come true.

Designs for  
Men and Women  
All Occasions



Tailoring  
Dressmaking  
Alterations

By Appointment • Kristine Tellefsen, Designer • 415 • 252 • 7316





THE **DAILY SCOOP**  
SINCE 1978

**FRESH coffee BEANS**

• **ESPRESSO** •

and the **BEST**  
**50¢** CUP OF COFFEE  
IN SAN FRANCISCO!

1401 18<sup>TH</sup> Street at Missouri

► Japanese cuisine for you to enjoy  
in either our indoor or outdoor dining area!

NOW OPEN SUNDAY

**moshi moshi**

**Sushi / Take-Out**

► At Eighteenth and Third Street

LUNCH Mon-Fri., 11:30-3:00 DINNER Mon-Thurs., 5:00-9:30 Fri & Sat 5:00-10:00 861-8285

**Goat Hill**

Pasta, Soups, Salads & Sandwiches  
**Homemade Soups & Sauces**

Beginning May 1st New Hours  
OPEN DAILY 11:30AM - 10:30PM

300 Connecticut At 18th St.,  
Potrero Hill.

641-1440



**Did You Know?**

**S**teel is America's most recycled material! More steel is recycled annually than glass, paper, plastic, aluminum and other metals combined!

- What we commonly call tin cans are actually steel cans coated with a thin layer of tin.
- San Francisco residents recycled more than 2 million pounds of steel cans last year.
- Rinsed steel cans are easy to recycle. They don't need to be flattened and you don't have to remove labels.

**Recycle your steel cans!**  
Use your curbside blue bin or your blue apartment recycling bin. For more recycling information, call the **San Francisco Recycling Program Hotline at 554-6193.**



**GILADON** Sushi Restaurant Club **GILADON**

New All-You-Can-Eat Sushi Classics

Beers on Tap

538 Valencia@16th St SF OPEN EVERY EVENING 5-11PM San Francisco Tel. 255-2311

**garibaldi CAFE**

1600 17th St. • San Francisco, CA 94107 • 552-3325



There may be 2001 restaurants in San Francisco,  
but there is only one!

# Restaurant 2001

Modern cuisine seasoned with tradition

Lunch, Dinner, and Cocktails



2001 17th street at kansas  
San Francisco Ca 94103  
(415)- 621-2001

Monday through Saturday  
from 11:00



Free Cup of Coffee or Soft Drink with Your Meal\*

Quality Homemade Candies  
Soda Fountain and Diner  
Ice Cream • Shakes  
Burgers • Fries • Salads  
Daily Specials Served All Day  
Take Out Available



Open 7 days  
Mon-Fri 11 am - 9 pm  
Sat - Sun 11:30 am - 8:30 pm



2801 24th St. at York 826-4200

## GREAT GREEK FOOD!

**LUNCH**  
Monday-Friday  
11:30-5:00

**DINNER**  
Monday-Sunday  
5:00-10:00

288 Connecticut St. (at 18th)  
415-552-8789

**ASIMAKOPOULOS**



**CAFE**

## hillside deli

The freshest take-out food on Potrero Hill.

Monday-Friday 11:00-9:00 • Saturday - Sunday 4:00-9:00  
1518 18th Street (near Connecticut) • 415-552-8794  
across from Dr. Video

Owned & Operated by Asimakopoulos Cafe

**KLEIN'S**  
Delicatessen & Catering  
501 CONNECTICUT, SAN FRANCISCO, CA 94107  
Mon - Fri: 7am - 7:30pm / Sat: 7:30pm - 7:30pm / Sun: 8am - 5pm  
**821-9149**

**LUNCH** **DINNER**  
Mon-Fri Mon-Sat  
11:30 am-3:00 pm 5:30-10:00 pm

Now Open Sunday for Dinner  
5:00-9:00 pm

PASTA

*Aperto*

ANTIPASTI

INSALATE

ARROSTI

PANINI

DOLCI



All menu items available for take-out.

1434 18th St., San Francisco  
(415) 252-1625



My Home Marketing System Gets Results!



Angela Rubin  
922-7107 Ext 255

FOX & CARSKADON Better  
HOMES  
1823 Union Street  
San Francisco, CA 94123



1030-32 Carolina  
2 bedroom / 1 bathroom home,  
remodeled studio. City light views!

ROOMMATES  
NOW!

Matched to Your Criteria  
by Phone...24 hrs

Got a place to share? It's effective and confidential.  
Each person that calls you is pre-selected according to  
your criteria. (The only people who even hear your ad  
are those who meet or beat your requirements.) Then  
you choose whom you'd like to meet. We never give  
your address to anyone, because we don't have it!  
Straight, gay, and mixed households. Free to list!

"It was wildly successful; I was  
inundated with calls!" — M.K.

(415) 626-7056

Free 24-Hr Recorded Information

List Your Vacancy FREE by Phone!



POTRERO HILL REAL ESTATE



Offered by  
Linda Clark

563-4111 Ext.328  
or 255-2205

◆  
23 Year  
Resident  
and  
Potrero  
Hill  
Real Estate  
Specialist  
◆

COLDWELL  
BANKER



648 Pennsylvania Street

SPACIOUS 3 LEVEL HOME! Living room with  
fireplace, hardwood floor, formal dining and  
2 bedrooms on the main level. Lovely yard  
has greenhouse shed. 1 car garage.



375 Texas Street

WONDERFUL LOCATION! 3 bedroom/1 bath  
with views of downtown, bay and bridge,  
shiny hardwood floors, eat-in kitchen,  
fireplace, yard, garage and PERMIT FOR 2ND  
UNIT READY TO PICK UP AT O.P.W.! \$399,000.

The "Queen of the Hill" Treats You Like Royalty.



Mary Lace  
"Queen of the Hill"



Potrero Hill Expert Since 1982  
A Certified Residential Specialist  
She Knows and Cares about "The Hill"  
Mary Lives on Potrero Hill and Loves It  
One of "The Hill's" Top-Selling Real Estate Brokers  
Uses the Latest Technology to Stay Ahead of the Rest

441-0656, ext. 210



# FORD

## REAL ESTATE

### Who Sold Potrero Hill in 1994?



Data taken from the San Francisco Association of Realtors Multiple Listing Service

BUYERS' & SELLERS' BROKERAGE • NOTARY SERVICES • RENTAL SERVICES

1542 20th Street • San Francisco • California 94107 • 415 824 7200

## One of the Top Agents on Potrero Hill for 1994.\*

**New listing!** Pristine 3 BR / 2BA wonderfully remodeled home with panoramic West views. Original 1929 period details are enhanced by thoughtful updating. Also features 2 car garage, additional 1 BR rental unit, and garden. Move right in.

Asking \$495,000



# FORD

## REAL ESTATE



## Matthew Borland

\*Actually, tied for second in number of properties brokered on the Hill. (1994 sales as reported to the SF Assoc of Realtors MLS.)

BUYERS' & SELLERS' BROKERAGE 285-3185 Home

### A REALTOR WITH A VIEW OF THE HILL!



## Susan Olk

*16 Years Real Estate Experience  
Accomplished Neighborhood  
Realtor and Potrero Hill*

CHOOSE AN AGENT  
THAT KNOWS...  
SUSAN GETS RESULTS!

### 735-737 VERMONT STREET

Two Victorian units with huge deck/hot tub with views on great block on the North Slope. Parking for two cars.

Unit #737 (Upper) - T.I.C. at \$219,000

Unit #735 (Lower) - T.I.C. at \$189,000

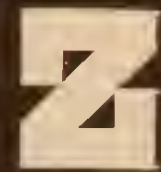
**\$407,000!**



Call 552-0129 Ext. 155 Direct



**ZEPHYRREAL ESTATE & INVESTMENTS**  
4200 17th Street, San Francisco, CA 94114



**ZEPHYR**

**REAL ESTATE & INVESTMENTS**

## *Zephyr Sells Potrero Hill!*

**\$145,000,000 in Sales Volume**  
**A sales force of 60+ agents**

**Congratulations to Susan Olk and Zephyr  
for Sales and Listings sold on Potrero Hill in 1995!**

701 Minnesota #115

675 Rhode Island

701 Minnesota #212

1119 Kansas Street

747 Kansas Street

525-527 Wisconsin Street

343-345 Missouri Street

76 Littlefield

**Current Zephyr Listings on Potrero Hill:**

715-717 DeHaro Street

770 Arkansas Street - Reduced!

1422 DeHaro Street #2

1422 DeHaro Street #1

345 Missouri Street

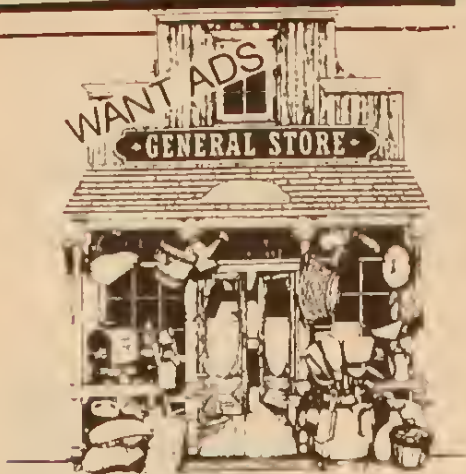
735-737 Vermont Street - Reduced!

*Call for more details!*

**552-9500**

**4200 - 17th STREET**





Minimum: 4 lines/ 36 spaces per line 55  
75¢ per extra line(s)  
**DEADLINE:** 20th of the month  
Mail copy and payment to:  
**VIEW WANT ADS**  
953 De Haro St., S.F. 94107

**THE TRAVELING MECHANIC.** Tune-ups, brakes, general repairs, foreign and domestic, used car evaluations. 19 years extensive experience, all work guaranteed. \$40 an hour, HOUSE CALLS. Giorgio, 647-3403. Licenses & certified.

**HEALTH INSURANCE ON THE HILL:** Self-employed? Uninsured? Pre-existing health condition? We can help you find a plan to match your needs. Call **Bill Hannant** at The Benefits Company, 647-7012.

**ATTORNEY** Herman Kalfen, Esq. fights for YOU. Personal Injuries, Accidents, Disputes, Contracts, etc. (415) 929-1999 call anytime - 24 hrs.

**KITTIESITTERS, INC.** Tender, loving cat care while you're away. Experienced - reliable - great references. Vet visit service available too! JoAnn, 431-2242.

**TELEPHONE JACK INSTALLATION AND REPAIR:** Low rates, free long distance w/install. Eve & wknd appts avail. Tel The Sky Communications, 821-2065.

**ONE-ON-ONE FITNESS:** Affordable, professional & personalized. Relaxed, comfortable atmosphere. Cert. pers trainer. BA in phy ed. Anne, 821-1539.

**LONGTERM SEARCH FOR A PLACE TO CALL HOME.** Hill resident seeks a quiet, airy 1 bdrm apt or cottage. Non smoker, no pets, great references. 824-1688.

**LICENSED PAINTER.** Exterior & interior. Small & large jobs. Cracks fixed, water damage repaired. Expert plaster & drywall repairs. Lic. #497-214. References & free estimates. Please call Ed at (415) 995-4666.

**PIANO LESSONS** for children, teens, adults: using traditional & Suzuki methods and a variety of musical styles. I have an education degree from SFSU and 16 years experience in San Francisco. Call Patricia Avery, 550-8299.

**PART TIME:** for furniture maker, 20 hrs. per week - flex; typing, computer work, phones, catalogs. Call (415) 861-8342.

**CUSTOM UPHOLSTERY & SLIP COVERS** excellent work. Photos & references. **ONE-EYED JACKS:** 621-4390

**HANDYMAN/CARPENTER:** Repair door, hang kitch cabinet, add room, build fence or deck or even trim tree. I'm skilled & do gd work at a reas. price. Robert, 824-1634.

**MUSIC SEMINAR** Increase your awareness of the spiritual side of music. Sponsored by ECKANKAR, Feb. 26. Ft. Mason, 12 noon. Rm. C-390. \$10 donation.

**CUSTOM DRAPES, SLIPCOVERS, BEDCOVERS,** Roman & balloon shades, headboard slipcovers, bed accessories, custom quilting, Doris, 337-9003/708-9620 pager.

**CLEAN YOUR HOME OR OFFICE** without harming the environment. Call "All Washed Up," 648-4472. Refs.

**CLAY CLASSES FOR KIDS ON POTRERO HILL:** Handbuilding, wheel throwing, glazing and more. Openings in Tues or Thurs classes. Elizabeth, 824-8149.

**CHILDCARE NEEDED:** Potrero Hill couple looking for experienced childcare provider for infant. Approx 20 hrs/wk, flexible schedule. English speaking and references required. Also seeking baby-sitter for occasional evening out. Call 431-7365.

**WE ARE A NETWORK OF INDEPENDENT REPAIR PERSONS** - we buy, repair, and resell, at very reasonable prices, a wide variety of technological objects. In so doing we help the planet save resources and help you save money. Call us to buy, or to sell (in any condition) any of the following: Computers, TV's, VCR's, or anything electronic, sewing machines, vacuum cleaners, appliances, power tools, bicycles. We also sell parts for the above. Reach us at 282-7467 anytime, 24 hours.

**GREAT WINTER SKIING!** Tahoe home in Incline Village. Ski Squaw, Alpine & more. Lg kitch, 3 bds, 2 bas, steam/sauna, 1/r w/frpl, all app & laundry. 282-7955.

**STEREO REPAIRS:** Save time! Save money! Offering in-home stereo repair at reasonable rates. Formerly with Pacific Stereo. Now serving the S.F. community for ten years. References. Guarantee. Gene's Sound Service, 553-3751.

**INTEGRAL HEALING MASSAGE THERAPY** will leave you deeply relaxed and revitalized. Experienced in a variety of therapeutic styles to suit your individual needs. New client special \$25 per session. Call Gardener, certified AMT at (415) 647-4419.

**FURNITURE STRIPPED & REFINISHED** Excel work quickly done. e.g. Dresser w/ mirror \$150 w/pk-up. **ONE-EYED JACKS** 621-4390.

**HERBALIFE INDEPENDENT DISTRIBUTOR** Call for products or info. 285-0918. **GOURMET VEGETARIAN CUISINE** delivered to your doorstep. Diverse menus, naturally low in fat, cholesterol & salt. Treat yrself right! Gift cert. avail. For mo. menu call Jane, 826-2133.

**POTRERO HILL HOUSE FOR RENT:** 2 bedrooms, 1 bath, yard, deck, garage. \$1,300. Tel: 282-3638.

**SHOWPLACE DESIGN CENTER OFFICE SUBLET:** Established public relations firm w/five phone lines will sublet private office (250 sf) with window on mezzanine; furnished; option to share conference room with copier, fax, HP computer printer. \$425/mo with use of two phone lines; \$525 with conf. room option. Call Charles, 621-7345.

**THE OLD FIREHOUSE** is a shopping adventure w/Red Hot Valentine (or anytime) gifts. Delight family, friend or lover. Also, our Earthquake/Emergency kits for children and adults are a necessity. Call 333-7077 for info, directions or catalog.

**POTRERO HILL/SP HOUSE** to share. Large living room & kitchen, yard, deck, view, parking, storage, MUNI, fireplace. Darkroom space + cabin. \$700. Doug, at (415) 626-9494. No couples/dogs.

**CONSIGN THAT OLD PIECE OF FURNITURE,** rug, jewelry, taxidermy or collectible that just does not fit anymore. Get top dollar w/free pk-up. Call **One-Eyed Jacks** at 621-4390.

**FOR THE BEST IRON BEDS:** Quality price, design & color - custom made 4 you at the Benicia Foundry. Also cribs, bread racks & Chevel mirrors. See our display at #201 Baker Hamilton Square, 7th and Townsend. For info call (415) 221-0194.

**HOUSE TO SUBLET:** April, May, June. Furnished 3 bdrm, 1 bath plus study. Lg. landscaped yard, decks, pano views. De Haro @ 20th Sts. \$1500/mo. Call 641-5441 for details.

**PAINTING & DECORATING** by a professional with a keen eye to detail. Call Alan, 821-4995.

**SMALL BUSINESS CONSULTANT** seeks part-time adm. asst. w/independence, maturity & experience. PC computers w/ WP 6.0 for Windows and DOS, database & spreadsheet software. Office management experience valuable. Rate: \$12-\$13/hr for 15-20 flex hrs/wk. Apply ASAP by mail or fax only: PTA, 185 Arkansas St., S.F. 94107. FAX: 255-1995.

**RITA'S GARDENING SERVICE:** Time for me to clean up your yard, plant Spring flowers, and keep it looking beautiful! Reasonable. Call 821-9159.

**SUNNY MEXICO!** Five star Beautiful Terra Sol Condos Beach Resort, Cabo San Lucas. Step from deck to sand! Lovers Beach, fishing, diving. 282-7955.

**SHEEP DUNG ESTATES!** Remote cottages on 160 acres nr. Boonville. Dogs welcome. Wdrbrng stove. Views. \$75 nightly. (707) 894-5322.

**LOCKSMITH & HANDYMAN SERVICES** Free estimates. No job too small. All work guaranteed. Bill, (415) 755-8542.

**I AM AN EXPERIENCED HOUSE CLEANER.** You are a busy person. Don't be ashamed of your dirt. I will take care of it. Guilt-free cleaning. Kieran, 864-3842.

**DRAMA VIDEOTAPE FOR KIDS 5 TO 8:** Learn the ABCs of acting through interactive songs and theater games. A great gift for home or school use! Call Sue Walton, 647-0914.

**WORD PROCESSING:** Manuscripts, reports, papers, resumes. Editing, proofreading. Tape transcription. Laser printing. Reas. rates. Joanne, 431-0603.

**WHAT REALLY WORKS** to eliminate stress, muscular tension, fatigue, while improving posture, breathing, natural grace? **FELDENKRAIS®** movement works! Classes & individual hands-on work. Call Gail Wetmore, certified **FELDENKRAIS®** practitioner. 826-7354.

**"CLEANINGHOUSE"** home, off, apt and apt bldg maint, cleaning! Reg. & one-time, move-in/out. Roger Miller, refs. 664-0513.

**CUSTOM SEWING OF ALL KINDS:** Speciality marine canvas work. Good rates. Chris, 915-2064.

**MODERN GRAPHICS/DESKTOP** publishing. Newsletters, brochures, bus. cards, catalogs, menus, t-shirts, logos, newspapers, ad design. Free consult. 282-7955.

**COUNSELING/PATHWAYS FOR CHANGE:** I provide a safe, nurturing environment to help you clarify times of transition, heal old wounds, release hindering patterns, and create positive changes in your life. Esther Goldman, M.A. (415) 431-1066. Sliding Scale.

**THE PAINTING MACHINE ALL WOMEN CREW:** Interior/exterior, fine painting creative-furniture-refinishing (ask us), meticulous, neat, thorough, reliable, affordable, with a female sense of detail & cooperation. Winter discount, local refs. Free estimates. Leave a message, (415) 641-9121, Martina.

**POTRERO HILL/LIVE WORK,** 1650 sq ft, 2 full floors, Mississippi/18th, with garden. 1 floor - 3 bed, 1 bath, kitch, lr. Other floor, 3 rooms/work office space - wired for computer network, phone, alarm. \$1,700 rent. Call (415) 4101-CALL.

**BODYWHOLENESS HEALING MASSAGE THERAPY** will leave you deeply relaxed and revitalized. Experienced in a variety of therapeutic styles suit your individual needs. New client special \$30 per hourly session. Call Gardener, certified AMT at (415) 647-4419.

**HAULING/MOVING:** Schlepper Bros. (Food Not Bombs Activists). Fast, fair, reliable. 824-4214.

**BOYD'S UPHOLSTERY** offers interior makeovers at reasonable prices. Reupholstery, slipcovers, window treatments, custom pillows. Free estimate, pickup & delivery. Call Barbara at 333-6841.

**MOTORCYCLE PARKING** indoors in garage, 18th and Connecticut. Available Feb. 1, 1995. Room for 1 or 2 bikes. Call 863-2182.

**VISITORS WELCOME:** Furnished apt., private entrance, great Potrero Hill location. Available per night, week-end or longer. No live-ins. 285-0251.

**MASSAGE THERAPY FOR WOMEN:** I focus on relieving neck & back tension. My office or your home. Janine, 647-2702. Gift cert. Member ABMP.

**PACK RAT STORAGE:** 24 hour access, 1499 Potrero at Army, S.F. Call (707) 996-5701.

**POTRERO HILL DARKROOM FOR RENT:** Secure well ventilated, nicely designed. Ideal for 1 or 2 people. Utilities paid. \$350/mo/neg. (415) 431-8886.

**CASH FOR OLD WOOD FURNITURE,** rugs & household items. **One-Eyed Jacks:** 621-4390.

**POTRERO HILL DARKROOM FOR RENT:** Secure well ventilated, nicely designed. Ideal for 1 or 2 people. Utilities paid. \$350/mo/neg. (415) 979-5565.

**THE PAINTING MACHINE ALL WOMEN CREW:** Interior/exterior, fine painting, meticulous, neat, thorough, reliable, affordable with a female sense of detail & cooperation. Local refs. Free estimates. Leave a message: 415 641-9121, Martina or Victoria.

**ARTIST/BLACKSMITH** creating custom wrought iron and metal design - hot-forged railings, fences, gates and furniture. R.B. Frasse Co., 822-5840.

**SENIORS (60+) DON'T EAT ALONE! JOIN US FOR DAILY LUNCH AND ADD TO YOUR SOCIAL LIFE:** Mon-Fri, hot nutritious meals. Bingo: Mon/Wed/Fri after lunch. Transp avail to/from meal site at Potrero Hill Neighborhood House, 953 De Haro St. For more information call 826-8080 and ask for Alicia S. Soberano. **JOIN US FOR VALENTINE'S DAY LUNCH ON FEBRUARY 14!!!!**

**QUALITY REMODELING CARPENTRY,** painting tile, marble, decks, fences, small jobs o.k. Free estimate. ref. Call 759-1315.

**DOES ROVER NEED TRAINING?** Exercise? A ride to the vet? Want to be sure Fluffy is content while you're away? Positively Pets can help! Pet sitting, training, exercise, transportation. We love older pets. 10 years experience. Bonded. Refs. Senior discounts. 647-2463.

**TOO BUSY FOR (OR DISINTERESTED IN)** Personal, business paperwork? Need help a few hrs/month? Bank rec., check-writing, P&L, etc. Personalized service. 20 yrs exp. Reas. Ref. Ilene, 864-4329.

**QUICK-QUALITY TYPING AND** transcription Service: Standard/Micro/Video Cassettes. Letters, resumes, reports, etc. FAX avail. Nancy, 821-2293

**QUALITY FAMILY DAYCARE ON POTRERO HILL** Openings avail 6 mo-2½ yrs, 2½ yrs-5 yrs. Loving environ., art & dance classes. Lic. refs. Call Melissa, 282-6795.

**HANDYMAN:** Repairs, building shelves, decks, fences. References, reasonable rates. Harry Irving, 986-2654.

**NOTARY SERVICE ON WHEELS:** Your home or business for small travelling fee. Doris, 337-9003 or 708-9620 (pager).



**Traditional Medicinals**  
**Cold & Flu Remedy Teas**

16 oz. - reg \$3.09

**\$2.49**

- Breathe Easy
- Gypsy Cold Care
- Throat Coat
- Cold Care PM



**NATURE'S LIFE**

**Vitamin C - Save Now!**

- 500 mg., 50 tabs - \$2.49
- 1000 mg., 100 tabs - \$7.99
- 1500 mg., 100 tabs - \$10.49



effective Feb 2 - Feb 14, 1995

**The GOOD LIFE GROCERY**

1524 TWENTIETH ST. • 282-9204 • POTRERO HILL • SAN FRANCISCO  
MON-SAT 9 AM-7:30 PM • SUNDAY 10 AM-6 PM

